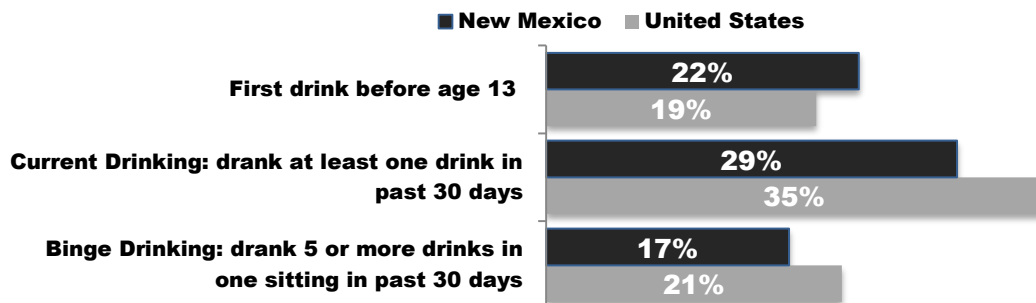


UNDERAGE DRINKING AND DRUG USE

Among Youth in New Mexico

What Percent of High School Students Report Drinking Alcohol?



New Mexico had forth highest percent of teens that drink before the age of 13 in the US behind Arkansas, Louisiana, and Mississippi.

Source: 2013 YRRS



Youth who begin drinking before age 15 are four times more likely to develop alcohol dependence during their lifetime than those who begin drinking at age 21 or later.

(NIAAA (2011): <http://report.nih.gov/nihfactsheets/ViewFactSheet.aspx?csid=24>)

Behaviors of Underage Drinkers in New Mexico

Where do students consume alcohol?

- 85% consumed alcohol in a home; 9% consumed alcohol at a public place like a park or parking lot or public event.

How do students obtain alcohol?

- 40% obtain alcohol from someone giving it to them; 18% give someone else money to buy it for them.

What type of alcohol do students drink?

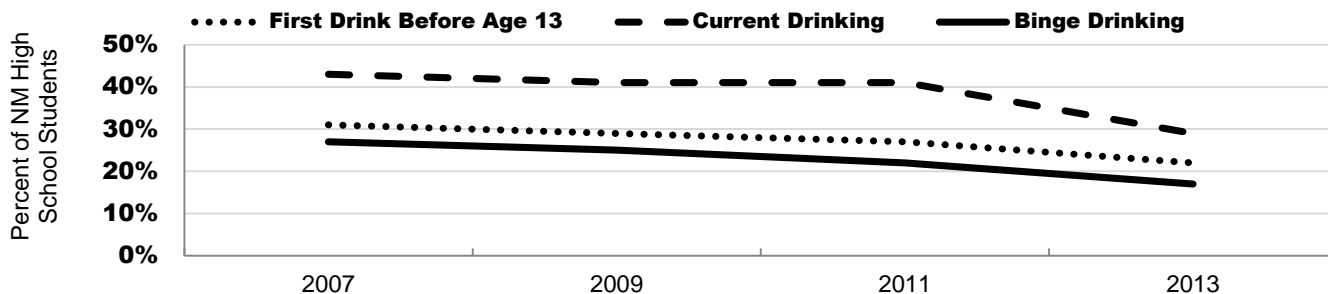
- Liquor is the most common type of alcohol consumed, followed by beer and flavored malt beverages.

Trends in Underage Drinking in New Mexico

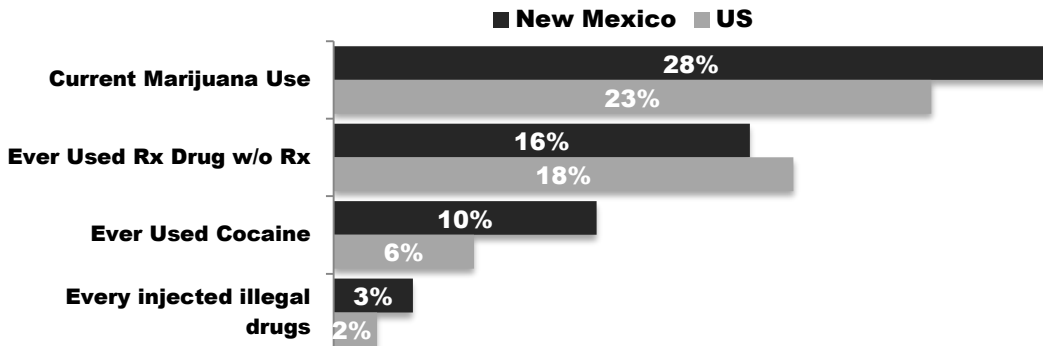
Early Initiation (drinking alcohol before the age of 13) **decreased** from 31% in 2007 to 22% in 2013.

Current drinking **decreased** from 43% in 2007 to 29% in 2013.

Binge drinking **decreased** from 27% in 2003 in to 17% in 2013.



What Percent of Students Report Using Drugs?



Marijuana is used by more students than other drugs.

Source: 2013 YRRS



17% of high school students in New Mexico tried marijuana before the age of 13.

Marijuana is addictive. About 9% of marijuana users may become dependent on it. The number goes up to about 1 in 6 in those who start using in their teens.

Source: National Institute on Drug Abuse: <http://www.drugabuse.gov/publications/research-reports/marijuana/marijuana-addictive>

New Mexico has the highest percent of high school students who report using marijuana before age 13.

High School Students in New Mexico Report Easy Access to Drugs

33% have been sold, offered or given drugs on school property in the past year.

55% know at least one adult personally who used drugs in the past year.

43% say it would be easy to get illegal drugs.

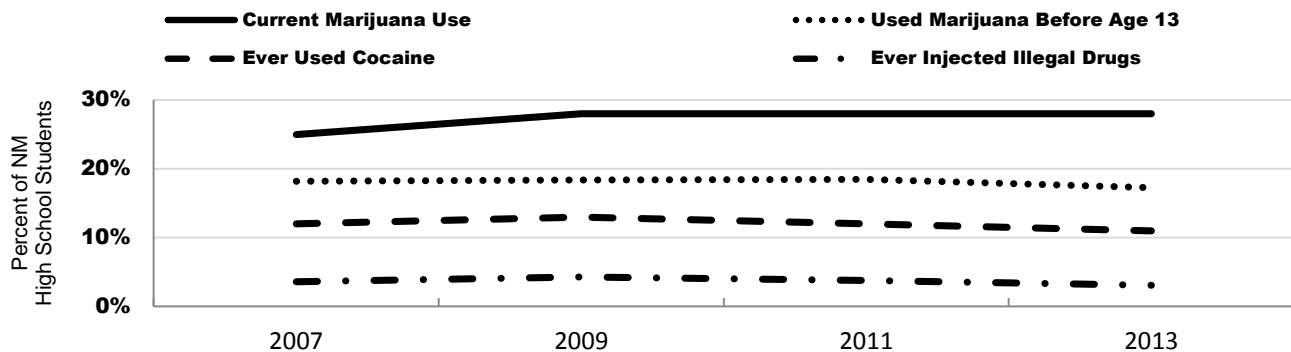
Trends in Drug Use Among Youth in New Mexico

The percent of high school students that reported using marijuana in the past 30 days, increased from 25% in 2007 to 28% in 2013.

The percent of high school students that reported using marijuana before age 13 decreased from 18% in 2007 to 17% in 2013.

The percent of high school students that reported ever using cocaine decreased from 12% in 2007 to 11% in 2013.

The percent of high school students that reported ever injecting an illegal drug decreased from 4% in 2007 to 3% in 2013.



The percent of high school students who report ever taking a prescription drug without a prescription decreased from 20% in 2011 to 16% in 2013.

Source: 2013 YRRS