

**Non-Opioid Pain Management  
Resource List from Dr. Elizabeth Lawrence**

**References**

- Argoff CE. Topical analgesics in the management of acute and chronic pain. Mayo Clin Proc. 2013;88(2):195-205
- Cochrane Database – high quality evidence review for particular treatment modalities and for managing particular conditions
- Massachusetts Medical Society – free CME, opioid and non-opioid reviews of pain management
- Mayo Clinic Proceedings – 2015 series on management of certain conditions (fibromyalgia, back pain) and certain treatment modalities
- CDC Guidelines for Prescribing Opioids – 3/18/16 MMWR
- American College of Rheumatology – evidence-based guidelines for treating certain conditions - <http://www.rheumatology.org/Practice-Quality/Clinical-Support/Clinical-Practice-Guidelines>

**Contact information:** [Elawrence@lmcctr.org](mailto:Elawrence@lmcctr.org) or [Elawrence@salud.unm.edu](mailto:Elawrence@salud.unm.edu)