

# Underage Drinking and Drug Use

Among High School (9-12th grade) and Middle School (6th-8th grade) Students in Santa Fe County

## What Percent of Students Report Drinking Alcohol?



Source: 2015 YRRS



11% of middle school students report having their first drink of alcohol **before the age of 11**.

18% of high school students report having their first drink of alcohol **before the age of 13**.

*Youth who begin drinking before age 15 are four times more likely to develop alcohol dependence during their lifetime than those who begin drinking at age 21 or later.*

(NIAAA (2011): <http://report.nih.gov/nihfactsheets/ViewFactSheet.aspx?csid=24>)

## Behaviors of Underage Drinkers



Where do students report usually consuming alcohol?

- 51% consume in **someone else's home**; 33% consume in their **own home**; 3% consume on **school property**.

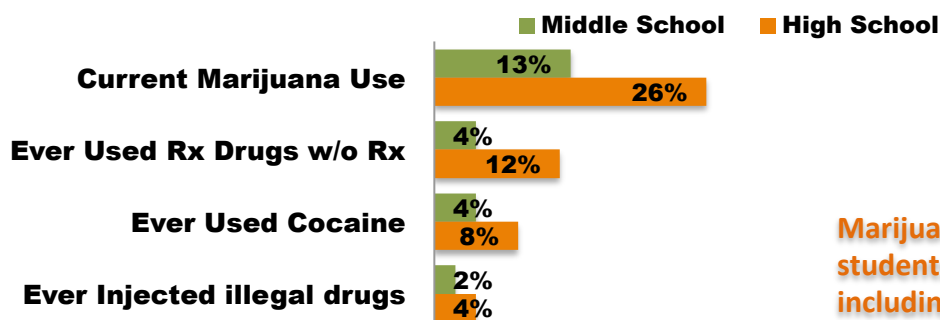
How do students obtain alcohol?

- 39% obtain alcohol from someone **giving it to them**; 18% give someone else money to **buy it for them**.

What type of alcohol do students drink?

- **Liquor** is the most common **type** of alcohol consumed, followed by **beer** and **flavored malt beverages**.

## What Percent of Students Report Using Drugs?



**Marijuana is used by more students than other drugs, including alcohol.**



6.7% of middle school students tried marijuana **before the age of 11**.

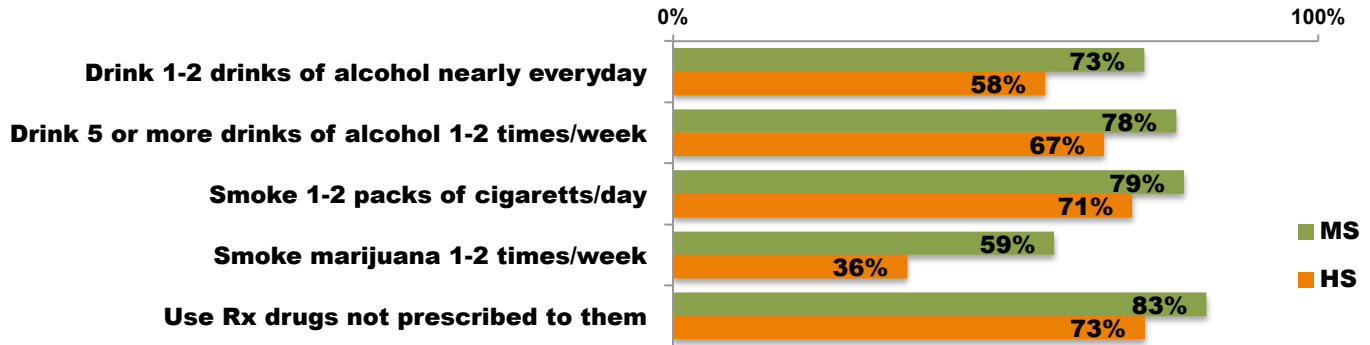
7.2% of high school students tried marijuana **before the age of 13**.

*People who begin using marijuana before the age of 18 are 4 to 7 times more likely to develop a marijuana use disorder than adults.*

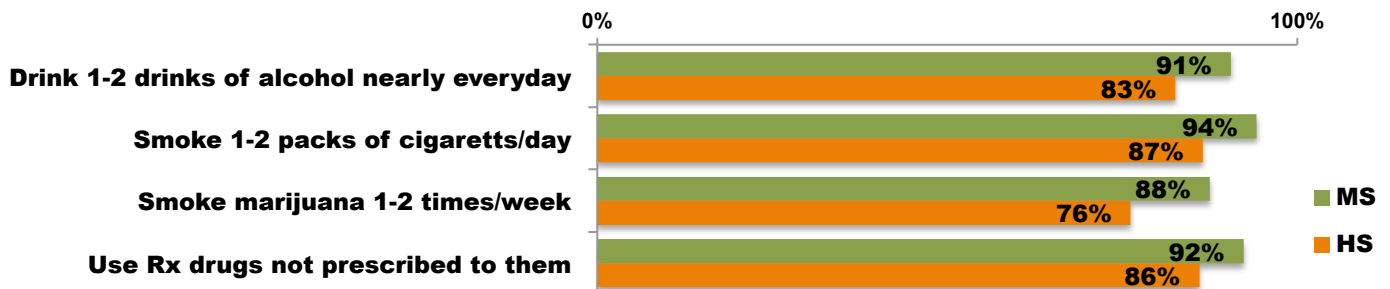
Source: Winter KC, Lee C-YS. *Drug Alcohol Depend.* 2008;92(1-3)



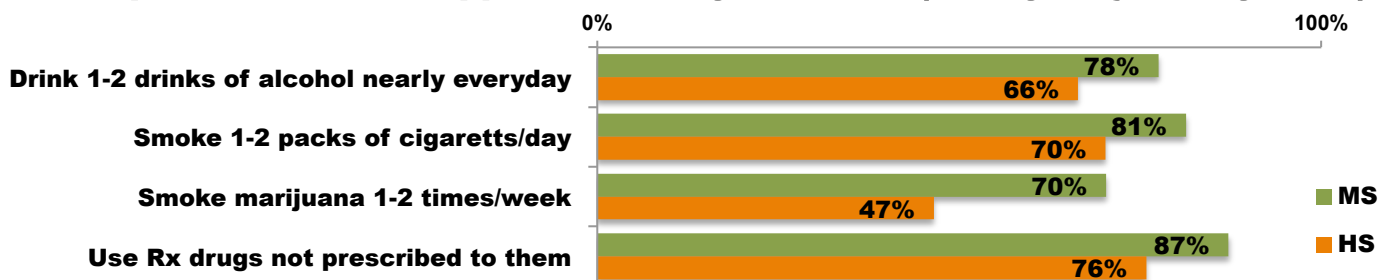
### Perceived Risk of Physical or Other Harm of Alcohol and Drug Use Among Students (Percent who think there is moderate to great risk if people.....)



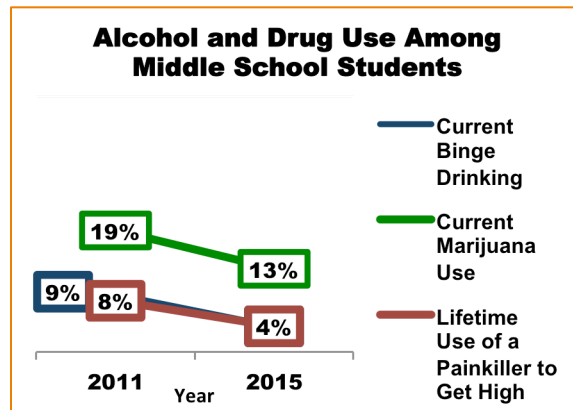
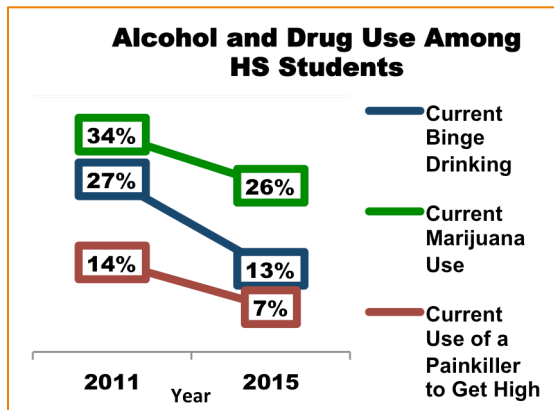
### Perception of Parental Disapproval Among Students (wrong/very wrong if I...)



### Perception of Peer Disapproval Among Students (wrong/very wrong if I...)



The percent of youth who engage in underage drinking and drug use is decreasing.



29% of high school students were sold, offered or given drugs on school property in the past year.

Sources: 2015 NM Youth Risk and Resiliency Survey: <http://www.youthrisk.org>